

DEVELOPING PHYSIO
PHYSIO TEACHING RESOURCES NOW AVAILABLE
FOR LOW-INCOME COMMUNITIES

Developing Physio (DP) are developing non-linguistic teaching modules for under-resourced communities who have no access to physio. We have completed three educational modules (shoulder, lx spine and hip complaints) and another nine modules will be finished by December (Amputees, Strokes, Cerebral Palsy, Spinal Cord Injury, Burns, Cervical spine, Elbow, Hand, Knee and Foot).

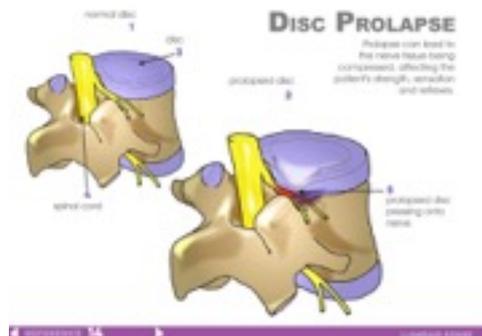
You can see an example of the completed lumbar spine teaching module here: <http://www.developingphysio.com/sites/all/eng/lumbar-index.html>

All materials are available free of charge to assist physios working in under resourced communities. All we ask for is your feedback, so that we can refine and continue to develop the modules to the highest possible standard.

Each module is specifically designed by experienced physiotherapists, directing the student through an intuitive picture flow diagram (then they are not reliant on language skills) and the module does the clinical reasoning for them.

The modules are separated into three sections:

1. A Reference section, that includes the relevant basic anatomy, physiology and pathology needed to understand each module. There are teachers notes in each corner so that (for example), a specialist amputee physio can also teach on cerebral palsy. This section then leads onto the assessment.



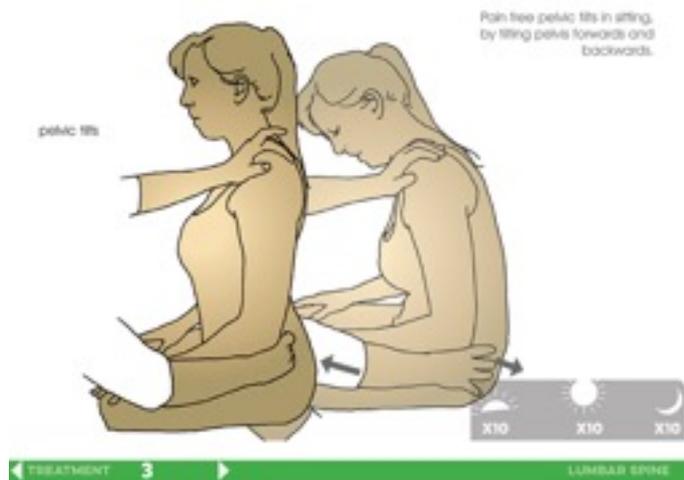
2. The Assessment section, this leads a student through a safe assessment via the picture flow diagram. Throughout the flowchart, students are given optional 'yes' or 'no' choices, (via simley/sad faces), and they can choose the one most appropriate to their patient. They are then directed onto the next question until they reach their diagnosis. This leads on to the treatment section.



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3. The Treatment section displays pictures of basic safe treatments, appropriate for their diagnosis. It also includes a non-linguistic guide to 'how many' sessions and for 'how long'.

All modules are available in the paper and electronic formats. Importantly, since all module sections are colour-coded and kept to a minimalist logic, the entire teaching process remains intuitive, straightforward and, as far as possible, fun!



If you are interested in being part of the team developing this project, or if you can use/trial the modules in low-income communities, we would love to hear from you. Please get in touch with us: info@developingphysio.com